



2019 USATF Niagara Association Junior Olympic Cross Country Championships

Date: Sunday, November 3, 2019

Location: Beaver Island St. Park – Grand Island, N.Y.
Park Area # 4

Course Walk: 8:00AM

Host: USATF Niagara

Director: Izeal Bullock III

Email: youth@niagara.usatf.org

Website: <http://www.niagara.usatf.org>

ENTRY FEES & DEADLINES

Online registration [CLICK HERE](#) Only online entries will be accepted.
All advancements/entry must be completed, paid for, and submitted online.
Entry deadline is final, no additional entries accepted.

ONLY ONLINE ENTRIES WILL BE ACCEPTED

Deadline: Must be completed by November 1; 11:00 PM (NO LATE ENTRIES)

Individual Fee: **\$9.00** per athlete.

- Please visit Athletic.net The online entry system accepts most credit cards. Accuracy of data entered is the responsibility of each club and/or athlete. Please validate data within Athletic.net for accuracy prior to submitting entry.

ADVANCEMENT to REGION 2 CHAMPIONSHIP

All athletes that compete in their Association XC Championship advance to the Region 2 Championship.

HIGH SCHOOL WAIVERS: High School athletes that have a conflict with their state high school championship can be waived directly to the Region 2 Meet. Athletes (coaches or parents) must email the USATF-Niagara Association Youth Chair **Izeal Bullock III** at youth@niagara.usatf.org to request your waiver. **Deadline to request a waiver is October 28, 2019.**

ELIGIBILITY REQUIREMENTS

- **Individuals:** Current USATF membership is required to compete. Proof of Birth (copy of birth certificate, passport, certified baptismal record, driver's license, or U.S. government identification) is required and must be submitted prior to registration and participation.
- **Teams:** Only registered USATF member clubs may enter a team. All athletes representing the club must be affiliated with that club as part of their USATF membership at the first level of competition. To enter a team, a club must complete the team entry/declaration process during onlineregistrations. Only athletes listed on the team declaration roster will be eligible to represent the club at the Association, Regional or National championships.



SCHEDULE & AGE DIVISIONS:

YOUTH AGE DIVISION	Gender	Distance	Check-In	Race Start
8 & Under (born 2011+)	Girls Boys	2 km (1.24 miles)	8:30 AM 9:00 AM	Girls- 9:00 AM Boys- 9:30 AM
9 & 10 (born 2009-2010)	Girls Boys	3 km (1.86 miles)	9:30 AM 10:00 AM	Girls – 10:00 AM Boys – 10:30 AM
11 & 12 (born 2007-2008)	Girls Boys	3 km (1.86 miles)	10:30 AM 11:00 AM	Girls – 11:00 AM Boys – 11:30 AM
13 & 14 (born 2005–2006)	Girls Boys	4 km (2.48 miles)	11:30 AM 12:00 PM	Girls – 12:00 PM Boys – 12:30 PM
15 & 16(born 2003–2004)	Girls Boys	5 km (3.1 miles)	12:30 PM 1:00 PM	Girls – 1:00 PM Boys – 1:30 PM
17 & 18 (born 2001-2002)	Girls Boys	5 km (3.1 miles)	1:30 PM 2:00 PM	Girls – 2:00 PM Boys – 2:30 PM

PACKET PICK-UP TIMES/LOCATIONS

Saturday, November 2 **5:00 PM to 7:00 PM** at Holiday Inn Express (**5 miles from Race Site**)
 61 Long Road
 Grand Island, New York 14072

Sunday, November 3 **7:00 AM** at Course Site: Beaver Island St. Prk. Area #4.

SATURDAY COURSE PREVIEW – THE COURSE WILL BE AVAILABLE ON SATURDAY

TEAM SCORING: Between 5 to 8 athletes on the team entry/declaration form may be declared as scoring athletes. The top 5 finishers among the declared runners will score.

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib numbers during competition, chest-high on the front of their jerseys. Bib numbers will be distributed at packet pickup.

EVENT RESULTS: During competition, event results will be posted at **(describe location at the facility)**.

AWARDS: USATF Junior Olympic medals will be awarded to the top thirty individuals in each age division Top **30** individuals and top **5** teams in each age group advance from the USATF Region **2** Championships to at Beaver Island St. Prk. November 16, 2019.

ADVANCEMENTS

From Association’s to Regional’s: The number of qualifiers from the Association meet is fixed and no alternates may advance. Individuals finishing in the top 30 places and who are also members of the qualifying teams are not displaced so that additional finishers beyond thirtieth may not advance. **Any team may advance if it has five or more individuals placing in the top 30 in the Association meet.** No team finishing beyond fifth place may advance based solely upon any of the first five teams' choosing not to advance to the Regional on November 17, 2019 or the National meet on December 14, 2019 Yahara Hills Golf Course Madison, WI, <http://www.usatf.org/Events---Calendar/2019/USATF-National-Junior-Olympic-Cross-Country-Ch.aspx>

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- > All members of the same club listed on the team declaration roster at the Association finals are eligible to compete on the club's team (minimum of 5, maximum of 8) in the next round of Qualifications up to and including the National Championships if the team qualifies. In order to declare a team, a club must enter a minimum of 5 and a maximum of 8 athletes by the entry deadline.

Athletes who compete in their state high school or collegiate championship series may be advanced into their Regional if their Association meet date is in conflict with their school competition. **Conflict means both meets are held within 48 hours of the other.** A Team may also be advanced provided that all alternates listed on the declaration Roster were also in conflict with the school competition; therefore, not having a minimum of 5 athletes to participate. **This Roster must have been submitted by the Registration Deadline of the Association meet and no additional names can be added. The final decisions on the granting of this waiver will be made by the Regional coordinator.**

DIRECTIONS & PARKING:

From Rochester, NY: Follow I-490 W, I-90 W and I-290 W to NY-324 E in Grand Island/ Take exit 18B toward Beaver Island/State Park/ Follow Beaver Island Pkwy/South Pkwy to your destination/ merge on to NY-324 E in Grand Island. Keep right to continue on Beaver Island Pkwy/South Pkwy/ Enter the traffic circle/ Proceed down Park Rd. Then follow signs directing you to the parking area.

From Syracuse, NY: Take I-90 W to NY-324 E in Grand Island. Take exit 18B from I-190 N/ Take exit 18B toward Beaver Island/State Park/ Follow Beaver Island Pkwy/South Pkwy to your destination/ merge on to NY-324 E in Grand Island. Keep right to continue on Beaver Island Pkwy/South Pkwy/ Enter the traffic circle/ Proceed down Park Rd. Then follow signs directing you to the parking area.

From Jamestown, NY: Follow I-90 E and I-190 N to NY-324 E in Grand Island. Take exit 18B from I-190 N/ Take exit 18B toward Beaver Island/State Park/ Follow Beaver Island Pkwy/South Pkwy to your destination/ merge on to NY-324 E in Grand Island. Keep right to continue on Beaver Island Pkwy/South Pkwy/ Enter the traffic circle/ Proceed down Park Rd. Then follow signs directing you to the parking area.