

USATF Empire Classic
SUNY Cortland - 7/29/2023
Results - Trials & Finals

Event 1 Women 4 Mile Run

Name	Team	Finals
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Finals

1	Pusateri, Angelina	Castleton Cr	28:12.10
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Event 2 Men 4 Mile Run

Name	Team	Finals
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Finals

1	Hampton, Trent	Long Island	25:53.30
2	Cuomo, Steven	Unattached	31:46.30
3	Horiuchi, Kyle	Unattached	36:07.70
4	Romao, Xavier	Unattached	48:32.60

Event 4 Women 3000 Meter Race Walk

Name	Team	Finals
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Finals

1	Tuttle, Madison	Unattached	17:17.78
2	Sweet, Jessica	Lehigh Stati	19:10.94
3	Ambrosino, Lorraine	Walk Usa	19:31.01
4	Rosko, Regena	Unattached	25:23.38

Event 5 Men 110 Meter Hurdles

Name	Team	Finals
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Finals

1	Bianco, Nicholas	Long Island	15.02
2	Forrestel, Emmett	Tribe Athlet	15.85

Event 6 Women 100 Meter Hurdles

Name	Team	Finals
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Finals

1	Bianco, Jessica	Long Island	18.19
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Event 7 Men 400 Meter Run

Name	Team	Finals
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Finals

1	Jemison, Alexander	Just Blaze T	54.24
2	Massey, Demetrius	Just Blaze T	55.12

Event 8 Women 400 Meter Run

Name	Team	Finals
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Finals

1	Howard, Tyler	Adirondack T	1:01.35
2	Riley, Stella	Unattached	1:02.21
3	Harris, Olivia	Just Blaze T	1:07.52

Event 9 Men 100 Meter Dash

Name	Team	Finals
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Finals

1	Tinney, Shane	Utica Univer	12.01
2	Stack, Noah	Just Blaze T	12.75

Event 10 Women 100 Meter Dash

Name	Team	Finals
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Finals

1	Blake, Camylin	Long Island	13.14
2	Slaughter, Tierra	Just Blaze T	13.15

3	Long, Janee	Just Blaze T	14.07
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4	Calhoun, Aniahya	Just Blaze T	14.47
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Event 11 Men 400 Meter Hurdles

Name	Team	Finals
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Finals

1	Cohen, Sebastian	Unattached	58.85
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Event 13 Men 200 Meter Dash

Name	Team	Finals
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Finals

1	Jemison, Alexander	Just Blaze T	24.93
2	Stack, Noah	Just Blaze T	25.27
3	Massey, Demetrius	Just Blaze T	25.78
4	Milano, Patrick	Finger Lakes	28.17
5	Riss, Robert	Greater Phil	31.04

Event 14 Women 200 Meter Dash

Name	Team	Finals
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Finals

1	Blake, Camylin	Long Island	26.70
2	Riley, Stella	Unattached	27.66
3	Long, Janee	Just Blaze T	27.95
4	Slaughter, Tierra	Just Blaze T	28.02
5	Calhoun, Aniahya	Just Blaze T	30.54

Event 15 Men 2000 Meter Steeplechase

Name	Team	Finals
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Finals

1	McLeod, Janek	Just Blaze T	8:08.79
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Event 16 Women 2000 Meter Steeplechase

Name	Team	Finals
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Finals

1	Bellaire, Cheryl	Unattached	9:53.50
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Event 19 Men 1 Mile Run

Name	Team	Finals
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Finals

1	Jarski, Luke	Long Island	4:59.06
2	Ragoonath, Kieron	Unattached	5:23.54
3	Kavanagh, Christopher	Unattached	5:35.70
4	Byrnes, Bryan	Unattached	6:15.59
5	Chambers, David	Unattached	9:24.89

Event 20 Women 1500 Meter Run

Name	Team	Finals
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Finals

1	Tag, Grace	Just Blaze T	5:35.98
2	Licata, Elizabeth	Unattached	6:00.51

Event 21 Men 800 Meter Run

Name	Team	Finals
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Finals

1	Jarski, Luke	Long Island	2:06.54
2	Milano, Patrick	Finger Lakes	2:09.34
3	Rebert, Brandon	Unattached	2:16.33

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Event 22 Women 800 Meter Run

Name	Team	Finals
Finals		
1 Howard, Tyler	Adirondack T	2:38.71
2 Tag, Grace	Just Blaze T	2:39.13

Event 23 Men 3000 Meter Run

Name	Team	Finals
Finals		
1 Roberts, Alejandro	Unattached	10:43.59
2 Jenks, Jason	Unattached	11:32.68

Event 27 Women Hammer Throw

Name	Team	Finals
Finals		
1 Surdej, Natalia	Long Island	54.80m
2 Parr, Sarah	Unattached	46.45m
3 Christensen, Brooke	Unattached	42.76m
4 Deep, Jenna	Unattached	37.17m
5 Brainard, Madeline	Unattached	34.85m
6 Lindo, Nattaly	Long Island	34.82m

Event 28 Men Hammer Throw

Name	Team	Finals
Finals		
1 Jackson, Matthew	Long Island	56.42m
2 Tolpa II, William	Unattached	52.00m
3 Darling, Logan	Unattached	39.31m

Event 29 Men Hammer Throw 6K

Name	Team	Finals
Finals		
1 McWilliams Jr., Daniel	Long Island	44.05m

Event 30 Men Shot Put

Name	Team	Finals
Finals		
1 Lantrip, Tyler	Unattached	12.01m
2 Romao, Ephrem	Unattached	10.11m
3 Baker, Isaac	Unattached	3.99m

Event 31 Women Shot Put

Name	Team	Finals
Finals		
1 Lindo, Nattaly	Long Island	10.21m
2 Christensen, Brooke	Unattached	9.32m
3 Ellsworth, Karen	Syracuse Cha	6.88m
4 Holston, Allison	Unattached	6.12m
5 Gambin, Michelle	Unattached	4.04m

Event 32 Men Shot Put 12 lb

Name	Team	Finals
Finals		
1 Goodman, Xzaiver	Just Blaze T	14.75m
2 Shea, David	Unattached	10.63m
3 Baker, Justin	Unattached	4.35m

Event 34 Women Discus Throw

Name	Team	Finals
Finals		
1 Christensen, Brooke	Unattached	32.91m
2 Lindo, Nattaly	Long Island	31.42m
3 Brainard, Madeline	Unattached	30.29m
4 Abel, Giayna	Unattached	28.56m
5 Holston, Allison	Unattached	24.23m
6 Ellsworth, Karen	Syracuse Cha	21.70m

Event 35 Men Discus Throw

Name	Team	Finals
Finals		
1 McWilliams Jr., Daniel	Long Island	32.60m
2 Lantrip, Tyler	Unattached	29.29m
3 Darling, Logan	Unattached	28.60m
4 Shea, David	Unattached	26.94m
5 Brainard Jr., Hayden	Unattached	20.05m

Event 38 Men Javelin Throw

Name	Team	Finals
Finals		
1 Kasuba, Brendan	Unattached	47.73m
2 Kelly, Aidan	Long Island	38.20m
3 McLeod, Janek	Just Blaze T	24.65m

Event 39 Women Javelin Throw

Name	Team	Finals
Finals		
1 Ellsworth, Karen	Syracuse Cha	15.14m
2 Holston, Allison	Unattached	8.96m

Event 40 Women High Jump

Name	Team	Finals
Finals		
1 Hillyard, Kate	Unattached	1.55m

Event 41 Men High Jump

Name	Team	Finals
Finals		
1 Rollins, Kyle	Garden State	2.10m
2 Claxton, Daniel	Long Island	2.00m
3 Wehr, Blake	Long Island	1.90m
3 Cochrane, Sean	Unattached	1.90m
5 Kelly, Aidan	Long Island	1.80m
6 Lewandowski, Brennan	Unattached	1.80m

Event 42 Men Pole Vault

Name	Team	Finals
Finals		
1 Ferrara, Zachary	Unattached	4.72m

Event 43 Women Pole Vault

Name	Team	Finals
Finals		
1 O'Connell, Madeline	Unattached	3.85m

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Finals ... (Event 43 Women Pole Vault)

	Name	Team	Finals
2	Couchman, Melia	Unattached	3.55m
3	Bryant, Elizabeth	Long Island	3.40m
4	Silberman, Halli	Long Island	3.25m

Event 44 Men Long Jump

	Name	Team	Finals
Finals			
1	Claxton, Daniel	Long Island	6.80m
2	Bianco, Nicholas	Long Island	6.59m
3	Bobbitt Jr., Dennis	Just Blaze T	6.31m
4	Hunter, Miles	Unattached	6.07m

Event 45 Women Long Jump

	Name	Team	Finals
Finals			
1	Long, Janee	Just Blaze T	5.18m
2	Fehlhaber, Hallie	Unattached	5.01m
3	Hillyard, Kate	Unattached	4.97m

Event 46 Men Triple Jump

	Name	Team	Finals
Finals			
1	Hunter, Miles	Unattached	12.70m

Event 47 Women Triple Jump

	Name	Team	Finals
Finals			
1	Fehlhaber, Hallie	Unattached	10.56m
2	Hillyard, Kate	Unattached	10.19m
3	Bianco, Jessica	Long Island	9.93m

Women - Team Rankings - 18 Events Scored

1)	Long Island Alliance	75
2)	Just Blaze Track Club	64
3)	Adirondack Track Club Incorpor	20
4)	Syracuse Chargers	17
5)	Castleton Cruisers	10
6)	Lehigh Station Track Club	8
7)	Walk USA	6

Men - Team Rankings - 20 Events Scored

1)	Long Island Alliance	111
2)	Just Blaze Track Club	82
3)	Finger Lakes Runners Club	12
4)	Garden State Track Club	10
4)	Utica University	10
6)	Tribe Athletics	8
7)	Greater Philadelphia Track Clu	2