

2023 USATF Niagara 5 Mile Championships  
Team Results

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OPEN WOMEN

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1. Roadkill Racing	(2:40:43)	
Trisha Byler	33	26:20
Laine Dinoto	35	30:44
Jackie Tobin	43	32:08
Blair Benson-D'Alesandro	33	33:25
Alexi Bulloch Rochester	32	34:48
2. Bergen Elite	(2:43:46)	
Chelsea Benson	40	29:32
Laura Galeazzo	35	30:48
Colleen Coon	32	31:30
Annie Ball	39	34:49
Amanda Dole	31	36:47
3. Genesee Valley Harriers	(2:49:19)	
Katie Lembo	26	27:57
Laura Huselton	33	30:53
Sarah Cannon	23	34:53
Carolynne Pouliot	40	35:41
Wallace Wallace	23	39:57

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OPEN MEN

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1. Bergen Elite	(2:08:12)	
Joe Whelan	32	24:34
Paul Suflita	24	25:01
Henry Williams	24	25:12
Hassan Eissa	34	26:25
Bobby Cooper	28	26:59
2. Syracuse TC	(2:12:17)	
Lee Berube	32	25:50
Andrew Dionne	34	26:05
Chip O'Hara	42	26:18
Sean Beney	26	26:56
AJ Beers	26	27:11
3. Genesee Valley Harriers	(2:18:47)	
Brennan Root	27	25:45
Mark Andrews	52	27:51
Kevin Johnson	34	28:12
Dave Herbert	31	28:25
Ben Drexler	28	28:35
4. Roadkill Racing	(2:20:08)	
Kenny Goodfellow	33	26:20
Aaron Nobles	34	26:58
Brett Smith	33	27:19
David Bradshaw	44	29:23
Kraig Connor	33	30:11

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MASTERS WOMEN

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1. Genesee Valley Harriers	(392.04)		
Jacalyn Lembo	57	34:51	85.08
Heather Webster	49	33:50	79.66
Heather Patterson	48	34:05	78.19
Brenda Osovski	56	38:00	77.06
Leann Finnigan	61	43:21	72.05
2. Roadkill Racing	(337.0)		
Marie Davis	52	38:50	71.85
Kaye Treanor	53	40:28	69.77
Jeanette George	48	39:05	68.19
Val Vermeulen	65	50:58	64.68
Val Kean	53	45:10	62.51
3. Greater Buffalo Track Club	(320.45)		
Barbara Sauer	74	47:01	80.22
Deb Miller	63	45:46	70.07
Kathy Gregoire	63	47:56	66.90
Yang Qu	50	51:56	52.50
Heather Lyle	52	44:58	50.76

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MASTERS MEN

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1. Genesse Valley Harriers	(398.61)		
Marcus Gage	51	29:34	82.07
Keith Yeates	75	38:02	81.24
Jim May	76	39:00	80.64
Michael Mertens	59	33:10	78.29
Gary Passamonte	66	36:15	76.37
2. Roadkill Racing	(327.21)		
Daniel Sackett	62	35:58	74.19
Andrew Caffrey	45	33:09	70.29
Dave Adams	49	35:48	66.67
Jesus Melendez Vincente	47	39:47	59.03
Richard Kean	54	43:38	57.03