



2023 USATF Niagara Junior Olympic Outdoor Track & Field Championship

Saturday, June 24, 2023

Roberts Wesleyan University • 4269 Buffalo Rd., North Chili, NY 14514

AGE DIVISIONS & ELIGIBILITY REQUIREMENTS

8 & under
(born 2015+)

9-10
(born 2013-2014)

11-12
(born 2011- 2012)

13-14
(born 2009- 2010)

15-16
(born 2007- 2008)

17-18
(born 2005- 2006)

ELIGIBILITY

Individuals:

- 2023 USATF Niagara membership is required to compete in this meet.
- **ALL AGE-VERIFICATION MUST BE SUBMITTED BY 8PM ON SATURDAY, JUNE 17, 2023.** There will be no age verification completed after this deadline.
- Only U.S. citizens, aliens living in the United States and foreign exchange students are eligible to compete in these Championships. See the USATF Rules for more information and exceptions.
- A competitor must compete in his/her age division only. There will be no "moving up" in any events, including relays.
- Competitors in the 8 & under, 9-10 and 11-12 age divisions may compete in a maximum of three (3) events, including relays. Competitors in the 13-14 may compete in a maximum of four (4) events, including relays.

Relay Teams:

- Only registered 2023 USATF member clubs may enter a relay team(s).
- All athletes representing the club must be affiliated with and members of that club as part of their USATF membership.
- All team members must be in the same age division.
- All relay team runners **MUST** wear the same color tops and bottoms.

REGISTRATION INFORMATION

DEADLINE: Wednesday June 21 at 11:59 PM EST. No late registrations will be accepted.

FEES: \$8 per event and \$24 per relay.

FORM: [Click here](#) to register

Important Registration Notes

- Fees must be paid online by the close of registration.
- Accuracy of data entered is the responsibility of each club and/or athlete.
- Please validate data for accuracy prior to submitting entry.
- An instructional video on the online registration process may be accessed by visiting,

AWARDS

Niagara Association medals will be given to the top **3 places in the respective age groups.**

FACILITY

Roberts Wesleyan University Stadium is an 8-lane track with an all-weather surface. Spikes (1/4") may be used for the track, runways and HJ apron. There are two horizontal jump runways. **The boards are 4', 8' 12' from the pit in the long jump.** The throwing complex has brushed concrete circles.

Only 1/4" Spikes are allowed.

The following are prohibited:

- Alcohol
- Smoking/open flame
- Glass containers
- Food/Gum on the track or the infield
- Pets
- No liquids other than water or Gatorade are allowed on the track surface or the infield.

MEET DETAILS

SPIKES: Only 1/4" Spikes are allowed.

EVENT CHECK-IN: Runners must check in at the clerking tent when called. Field athletes must check in at their field events. Athletes will be required to remain in the designated area after checking in unless there is an event conflict. Field event competitors who are also in running events must check out with the field event official **and** check back in on return with the field event official within 10 minutes of the running event completion. Current bar heights will be held for only 10 minutes after the running event. Missed trials may only be taken if the competitor returns before the final round or before the competition ends. In pole vault and high jump, the bar cannot be lowered after the competition begins.

Competition Bib Numbers: All competitors must wear their assigned bib numbers during competition and on the front of their jerseys only (pole vaulters & high jumpers may wear bib on back of shirt). Bib numbers will be distributed at meet registration. USATF-Niagara club coaches can pick up bibs/packet at the registration tent day of meet only. Lost or forgotten bib numbers will result in a \$25.00 replacement fee for each number replaced.

Event Results: During competition, event results will be posted behind the under the stadium. In addition, live event results may be available from the USATF Niagara website.

Protests: Protest forms and a \$50 protest fee must be submitted to the Protest Referee at once and not later than 30 minutes after a result has been announced. The protest fee will be refunded if the protest is upheld.

Seeding for track events: Athletes will report to the clerk of course when their running event is called. Athletes will be expected to run in their lane and heat as directed by the clerk of the course.

Seeding for field events: Field event athletes will report directly to the head field event judge when the field event is called. Athletes will be expected to compete in order and flight as directed by the chief official.

Excusal from field event: If an athlete must be excused from a field event to participate in another event, they will have no more than 15 minutes to return to the field event. Athletes should work with the officials at both events to have as smooth of a transition as possible. Failure to follow these instructions may result in lost opportunities to compete. High jump and pole vault bars will not be lowered.

COACHES

Only coaches who have completed the USATF background check, SafeSport training, and have an active USATF membership number will be given a wristband. This allows THAT coach access to the infield/competition area to help athletes get their marks or ask questions. The coaches need to leave the area prior to competition. The infield is not a spectator area for coaches.

1. Any coach or parent in the infield or clerking area may result in the disqualification of their athlete/team.
2. Any parent or non-2023 USATF coach in any other restricted area may result in the immediate disqualification of their athlete/team.

*****Coaches/parents who have NOT completed the USATF background check, SafeSport training, or have active USATF memberships WILL NOT HAVE ACCESS to the infield/competition area due to the new National Regulations*****

SCHEDULE OF EVENTS

subject to change

THE OFFICIAL EVENT START TIMES WILL BE POSTED ON JUNE 22, 2023

Registration/check-in: 8AM-11AM

Implement check-in opens: 8-10AM, 11-11:30AM

3000m race walk (13-18 boys/girls) @ 9AM

1500m race walk (9-12 boys/girls) @ 9AM

The beginning of the Junior Olympic Track Events at the conclusion of the Masters/Open meet which begins at 9 AM

TRACK EVENTS

2000m steeplechase (15-18, final on time, all)

80m hurdles- B/G-30" (11-12 boys/girls, final on time)

100m hurdles-G-30" (13-14 girls, final on time)

100m hurdles-B-33" (13-14 boys, finals on time)

100m Hurdles G-33" (15-16 17-18)

110m Hurdles B-39" (15-16, 17-18)

4x800m relays (boys/girls 11-14)

100m trials (**will be run as final if 8 or less athletes in age division**)

3000m (11-18, final on time, all)

4x100m relays (all divisions)

1500m (final on time, all)

100m finals (if necessary)

400m (final on time, all)

400m hurdles (15-18 boys/girls)

200m hurdles (13-14 boys/girls)

800m (final on time, all)

200m (final on time, all)

4x400m relays (all divisions)

Field Events approx. start time 10-11 AM (Groups may be combined due to entry number totals)

Pole Vault- Boys 13-18/Girls 13-18 **Followed**

Shot Put- Boys all ages/Girls **Followed**

Long Jump-Boys all ages/Girls all ages **Followed**

High Jump -Girls 9-18/ Boys 9-18 **Followed**

FOLLOWED BY:

Discus-Boys (11-18) ages/Girls (11-18) **Followed**

Javelin- B/G -Turbo Jav/ AERO JAVELIN 450g/(13-18) Javelin 600g/800g

Triple Jump- (boys/girls)

NOTES:

- times are approximate, schedule will move ahead if numbers in an event are small
- For throwing events, all implements must be checked and approved by an official before the athlete can check in to the event. Most implement checks should be done between 10:00AM and 11:00.

- For horizontal jumps and throws, athletes will have 3 preliminary attempts and 3 additional attempts if they are in the top 8 after the preliminary events. All competitors will be given 6 attempts if there are 8 or less competitors in the age division.
- Listen carefully to the call for each event by the announcer so the athlete can report to the clerk (running events) or field event official at least 15 minutes prior to the start of the event.
- If any youth clubs will be entering teams for any of the relays, a final relay entry form must be completed and turned into the clerk no later than 1 hour before the start of each relay event. The 4x100M and 4x400M relays are open to all age groups while the 4x800M relay is open to age groups 11-12, 13-14. Relay teams can only be club members and those athletes can only run on relay teams in their age division.