

# **USATF Niagara Trail Championships**

September 24, 2023

hosted by Unlimited Breadsticks Trail Half Marathon

## **MEN**

Place	Runner	Age	Team	Time	Pace
1	Joe Whelan	32	Bergen Elite	1:21:26	6:13
2	AJ Beers	27	Syracuse TC	1:24:22	6:26
3	Paul Suflita	25	Bergen Elite	1:28:09	6:44
4	Joe Moberg	34	Bergen Elite	1:32:48	7:05
5	Jack Broderick	26	Roadkill Racing	1:35:12	7:16
6	Brett Smith	33	Roadkill Racing	1:35:41	7:18
7	Brendan Wagler	26	Roadkill Racing	1:37:04	7:25
8	Greg Selke	33	Bergen Elite	1:39:18	7:35
9	EJ Boyce	42	Bergen Elite	1:42:14	7:48
10	Chip O'Hara	42	Syracuse TC	1:42:59	7:52
11	Peter Sullivan	40	Roadkill Racing	1:43:20	7:53
12	John McMahon	57	Checkers AC	1:45:23	8:03
13	Aaon Nobles	35	Roadkill Racing	1:47:35	8:13
14	Joe Silliman	48	Checkers AC	1:51:14	8:30
15	Jon Melnik	47	Checkers AC	1:52:26	8:35
16	Robert Cooper	28	Bergen Elite	1:52:37	8:36
17	Steven Dailey	49	Bergen Elite	1:52:40	8:36
18	Damon Clemons	49	Fingerlakes Running	1:55:38	8:50
19	Jeremy Cook	34	Roadkill Racing	1:59:00	9:05
20	Daniel Sackett	62	Roadkill Racing	2:03:05	9:24
21	Jim Figler	59	Checkers AC	2:05:44	9:36
22	Harvey Brice	52	Checkers AC	2:15:06	10:19
23	Joe Zito	49	Checkers AC	2:16:31	10:25
24	Richard Kean	54	Roadkill Racing	2:44:10	12:32
25	Jesus Melendez Vincete	48	Roadkill Racing	2:44:47	12:32

## WOMEN

Place	Runner	Age	Team	Time	Pace
1	Trisha Byler	39	Roadkill Racing	1:35:16	7:16
2	Emily Lane	24	unattached	1:35:54	7:16
3	Jenny Kennan	40	Checkers AC	1:37:29	7:26
4	Erin Gibbons	27	Bergen Elite	1:39:19	7:35
5	Jennifer Boerner	41	Checkers AC	1:40:46	7:42
6	Abbie Sullivan	27	Syracuse TC	1:48:39	8:18
7	Oliva Wallace	33	Bergen Elite	1:50:39	8:27
8	Mary LeBrun Schultz	42	Checkers AC	1:55:01	8:47
9	Amy McMahon	55	Checkers AC	2:01:34	9:17
10	Jacalyn Lembo	57	GVH	2:03:04	9:24
11	Megan Witzleben	45	Checkers AC	2:04:34	9:31
12	Jackie Tobin	43	Roadkill Racing	2:05:06	9:33
13	Heidi Strauss	46	Checkers AC	2:05:08	9:33
14	Rachael Jones	25	Roadkill Racing	2:06:47	9:41
15	Julia Varble	60	Roadkill Racing	2:07:08	9:42
16	Lindsay Klemmer	31	Roadkill Racing	2:07:40	9:45
17	Amanda Dole	32	Bergen Elite	2:10:26	9:57
18	Carly Brady	32	unattached	2:14:15	10:15
19	Marie Davis	53	Roadkill Racing	2:17:52	10:31
20	Erin Caffrey	39	Roadkill Racing	2:18:50	10:36
21	Ashlie Roberts	38	Roadkill Racing	2:20:09	10:42
22	Annie Ball	39	Bergen Elite	2:20:38	10:44
23	Beth Watson	32	Bergen Elite	2:30:00	11:27
24	Cathie Trabucco	54	Roadkill Racing	2:45:19	12:37
25	Ruth Shields	51	Roadkill Racing	2:47:23	12:47
26	Valerie Vermeulen	66	Roadkill Racing	2:48:47	12:53
27	Martha Doody	53	Roadkill Racing	2:52:05	13:08
28	Tara Rice	50	Roadkill Racing	3:17:17	15:04

## MEN AGE GRADING

Place	Runner	Age	Team	Time	Age Grade
1	John McMahon	57	Checkers AC	1:45:23	65.70%
2	EJ Boyce	42	Bergen Elite	1:42:14	59.50%
3	Chip O'Hara	42	Syracuse TC	1:42:59	58.97%
4	Daniel Sackett	62	Roadkill Racing	2:03:05	58.96%
5	Peter Sullivan	40	Roadkill Racing	1:43:20	57.90%
6	Joe Silliman	48	Checkers AC	1:51:14	57.40%
7	Steven Dailey	49	Bergen Elite	1:52:40	57.20%
8	Jon Melnik	47	Checkers AC	1:52:26	56.40%
9	Jim Figler	59	Checkers AC	2:05:44	56.10%
10	Damon Clemons	49	Fingerlakes Running	1:55:38	55.80%
11	Harvey Brice	52	Checkers AC	2:15:06	49.00%
12	Joe Zito	49	Checkers AC	2:16:31	47.20%
13	Richard Kean	54	Roadkill Racing	2:44:10	41.00%
14	Jesus Melendez Vincete	48	Roadkill Racing	2:44:47	38.90%

## WOMEN AGE GRADING

Place	Runner	Age	Team	Time	Age Grade
1	Jenny Kennan	40	Checkers AC	1:37:29	68.40%
2	Jennifer Boerner	41	Checkers AC	1:40:46	66.60%
3	Julia Varble	60	Roadkill Racing	2:07:08	65.10%
4	Jacalyn Lembo	57	GVH	2:03:04	64.70%
5	Amy McMahan	55	Checkers AC	2:01:34	63.80%
6	Mary LeBrun Schultz	42	Checkers AC	1:55:01	58.70%
7	Megan Witzleben	45	Checkers AC	2:04:34	55.60%
8	Jackie Tobin	43	Roadkill Racing	2:05:06	54.40%
9	Heidi Strauss	46	Checkers AC	2:05:08	55.80%
10	Marie Davis	53	Roadkill Racing	2:17:52	54.90%
11	Valerie Vermeulen	66	Roadkill Racing	2:48:47	53.30%
12	Cathie Trabucco	54	Roadkill Racing	2:45:19	52.60%
13	Ruth Shields	51	Roadkill Racing	2:47:23	44.20%
14	Martha Doody	53	Roadkill Racing	2:52:05	44.00%
15	Tara Rice	50	Roadkill Racing	3:17:17	37.00%

## TEAM RESULTS

<u>OPEN MEN</u>	<u>TIME</u>
1) BERGEN ELITE	7:43:55
2) ROADKILL RACING	8:18:52

<u>OPEN WOMEN</u>	<u>TIME</u>
1) ROADKILL RACING	10:28:42
2) BERGEN ELITE	10:31:02

<u>MASTERS MEN</u>	<u>AGE GRADE</u>
1) CHECKERS AC	284.6%

<u>MASTERS WOMEN</u>	<u>AGE GRADE</u>
1) CHECKERS AC	313.1%
2) ROADKILL RACING	280.3%