

2023 USATF Niagara Association Cross Country Championships

Open Women

Place	Name	Age	Time	Team	Age Grade
1	Jenny Keenan	40	29:42.6	Checkers AC (Masters)	82.60%
2	Trisha Byler	39	30:35.6	Roadkill Racing (Open)	79.80%
3	Maura Tyrrell	38	30:37.4	Checkers AC (Open)	79.20%
4	Kassandra Nolet	24	30:38.7	Checkers AC (Open)	77.30%
5	Lindsay Piraino	27	31:02.0	Roadkill Racing (Open)	76.40%
6	Erin Gibbons	27	31:12.1	Bergen Elite	76.00%
7	Colleen Hastings	32	31:31.9	Bergen Elite	75.40%
8	Donna Langerfeld	37	31:37.8	Syracuse Track Club	76.40%
9	Elizabeth Ryan	30	31:48.3	Bergen Elite	74.60%
10	Cassie Mae	30	32:25.3	Checkers AC	
11	Jenn Spitzer	32	32:35.6	Bergen Elite	73.00%
12	Alexandra Duggan	35	32:40.4	Checkers AC (Open)	73.40%
13	Jennifer Boerner	41	32:46.2	Checkers AC (Masters)	75.30%
14	Mary LeBrun Schultz	42	33:35.2	Checkers AC (Masters)	74.00%
15	Elizabeth Riccardi	39	33:49.6	Syracuse Track Club	72.10%
16	Laine DiNoto	35	34:04.3	Roadkill Racing (Open)	70.40%
17	Liz Chichester	28	34:08.1	Roadkill Racing	69.40%
18	Shuirong Zhu	49	34:09.7	Syracuse Track Club	77.40%
19	Aileen Hoak	40	34:26.1	Checkers AC (Masters)	71.20%
20	Olivia Wallace	33	34:49.7	Bergen Elite	68.40%
21	Jennifer Liaros	40	34:53.2	Checkers AC (Masters)	70.30%
22	Veronica Bohan	16	35:07.4	Checkers AC (Open)	70.30%
23	Amy McMahon	55	35:12.1	Checkers AC (Masters)	80.50%
24	Juliette Miller	25	35:26.9	Genesee Valley Harriers	66.90%
25	Annie Ball	40	36:42.8	Bergen Elite	66.80%
26	Allison Mitchell	34	37:02.0	Greater Buffalo Track Club	64.50%
27	Allison Carr	44	37:05.3	Checkers AC (Masters)	68.00%

28	Cassandra Crane	54	37:49.9	Genesee Valley Harriers (Masters)	74.00%
29	Brenda Osovski	57	37:52.2	Genesee Valley Harriers (Masters)	76.60%
30	Julie King	56	37:55.0	Checkers AC (Masters)	75.60%
31	Elizabeth Randell	56	38:13.6	Checkers AC (Masters)	75.00%
32	Lindsay Klemmer	31	38:30.5	Roadkill Racing (Open)	61.70%
33	Bonnie Lindblom	59	38:37.6	Genesee Valley Harriers (Masters)	77.00%
34	Megan Witzleben	45	39:28.5	Checkers AC (Masters)	64.40%
35	Heidi Strauss	46	39:59.1	Checkers AC (Masters)	64.20%
36	Megan Connelly	35	41:41.1	Greater Buffalo Track Club	57.50%
37	Sandra Gregorich	60	41:54.4	Genesee Valley Harriers (Masters)	71.80%
38	Amanda Dole	32	42:05.4	Bergen Elite	56.50%
39	Marie Davis	53	42:36.7	Roadkill Racing (Masters)	65.00%
40	Lynn Gottfried	44	42:41.6	Bergen Elite	59.10%
41	Colleen Newman	63	42:47.1	Genesee Valley Harriers (Masters)	73.10%
42	Kathy Reynolds	55	42:57.8	Checkers AC (Masters)	65.90%
43	Rebecca Elias	50	42:58.0	Bunny Gang Running Club	62.30%
44	Laura Helmerick	63	43:09.7	Fingerlakes Running Club	72.50%
45	Kathleen Wheeler	52	43:40.3	Syracuse Track Club	62.70%
46	Ann Martin	65	45:31.2	Genesee Valley Harriers (Masters)	70.60%
47	Kathryn Annan	66	45:51.6	Syracuse Track Club	71.00%
48	Daniela Hager-Carbonara	63	46:11.7	Checkers AC (Masters)	67.70%
49	Heather Lyle	53	46:29.5	Greater Buffalo Track Club	59.50%
50	Catherine Carroll	56	46:45.5	Checkers AC (Masters)	61.30%
51	Rebecca Oliver	32	47:15.5	Roadkill Racing (Open)	50.30%
52	Kaye Treanor	53	47:46.2	Roadkill Racing (Masters)	58.00%
53	Patricia Ford	67	49:09.9	Syracuse Track Club	67.10%
54	Kelly Young	44	50:04.2	Greater Buffalo Track Club	50.40%
55	Martha Doody	53	50:24.5	Roadkill Racing (Masters)	54.90%

56	Valerie Vermeulen	66	50:40.8	Roadkill Racing (Masters)	64.20%
57	Yang Qu	50	52:02.1	Greater Buffalo Track Club	51.40%
58	Barbara Rowe	71	57:50.5	Greater Buffalo Track Club	60.40%
59	Carolyn Smith-Hanna	72	58:55.4	Genesee Valley Harriers (Masters)	60.10%
60	Barbara Sauer	75	1:04:16	Greater Buffalo Track Club	57.70%
61	Patricia Baker	63	1:05:39	Checkers AC (Masters)	47.60%

OPEN MEN

Place	Name	Age	Time	Team	Age Grade
1	Scott Loforte	24	25:41.6	Checkers AC (Open)	81.50%
2	William Hilbert	25	25:43.0	Checkers AC (Open)	81.50%
3	Sam Morse	40	25:49.8	Syracuse Track Club (Open)	84.60%
4	Hassan Eissa	34	25:58.4	Bergen Elite (Open)	81.20%
5	Lee Berube	33	25:58.9	Syracuse Track Club (Open)	81.00%
6	Brennan Root	28	26:06.6	Genesee Valley Harriers (Open)	80.20%
7	Armani Merlino	22	26:08.5	Checkers AC (Open)	80.10%
8	Paul Suflita	25	26:20.2	Bergen Elite (Open)	79.50%
9	Andrew Dionne	35	26:38.9	Syracuse Track Club (Open)	79.50%
10	Jared Lamson	20	26:42.2	Checkers AC (Open)	78.50%
11	AJ Beers	27	26:45.0	Syracuse Track Club (Open)	78.30%
12	Aaron Nobles	35	26:47.0	Roadkill Racing (Open)	79.10%
13	Sean Beney	27	26:54.5	Syracuse Track Club (Open)	77.90%
14	Robert Cooper	29	27:39.9	Bergen Elite (Open)	75.70%
15	Alex Farrell	32	27:47.7	Checkers AC (Open)	75.50%
16	Nick Ferri	20	27:53.6	Genesee Valley Harriers (Open)	75.10%
17	Brett Smith	33	28:09.4	Roadkill Racing (Open)	74.70%
18	Sam Cottrell	25	28:39.7	Bergen Elite (Open)	73.10%
19	Greg Selke	33	28:43.2	Bergen Elite (Open)	73.20%
20	Scott Weeks	51	28:43.7	Genesee Valley Harriers (Masters)	83.00%
21	Kevin Johnson	35	28:45.8	Genesee Valley Harriers (Open)	73.60%
22	Jose Fuentes	59	29:31.2	Checkers AC (Masters)	86.60%
23	John McMahon	57	29:31.9	Checkers AC (Masters)	85.00%
24	Steve Bohan	46	29:40.7	Checkers AC (Masters)	77.20%
25	Patrick Milano	33	29:57.7	Fingerlakes Running Club	70.20%
26	Timothy Metivier	33	30:09.1	Bergen Elite (Open)	69.80%
27	Bob Duggan	36	30:14.7	Checkers AC (Open)	70.30%
28	Jordan Brouk	34	30:40.0	Roadkill Racing (Open)	68.80%

29	Chip OHara	42	30:41.1	Syracuse Track Club (Masters)	72.30%
30	Joseph Mora	62	30:49.7	Genesee Valley Harriers (Masters)	85.20%
31	Cali Haji	21	30:58.8	Genesee Valley Harriers (Open)	67.60%
32	Michael Gardella	60	31:09.6	Genesee Valley Harriers (Masters)	82.80%
33	Taylor Freitas	33	31:13.1	Bergen Elite (Open)	67.40%
34	Shizhong Yang	42	31:13.7	Syracuse Track Club (Open)	71.00%
35	DAVID PUTNEY	59	31:31.8	Checkers AC (Masters)	81.10%
36	Peter Sullivan	40	31:35.2	Roadkill Racing (Masters)	69.20%
37	Matthew Dore	48	31:36.5	Bunny Gang Running Club (Masters)	73.70%
38	Mike Welden	41	31:49.5	Bergen Elite (Open)	69.20%
39	Tom Wall	45	31:54.0	Checkers AC (Masters)	70.60%
40	Roger King	38	31:57.5	Greater Buffalo Track Club	67.40%
41	Steven Eicheldinger	37	32:15.6	Bunny Gang Running Club	66.30%
42	Steven McDonnell	41	32:30.4	Checkers AC (Masters)	67.70%
43	Jeremy Cook	34	32:34.0	Roadkill Racing (Open)	64.80%
44	Joe Pitzonka	47	32:43.2	Checkers AC (Masters)	70.50%
45	David Dixon	44	32:45.2	Bunny Gang Running Club (Masters)	68.80%
46	Daniel Stark	37	32:58.6	Genesee Valley Harriers	64.80%
47	Michael Mertens	59	33:06.7	Genesee Valley Harriers (Masters)	77.20%
48	Matt Palmer	34	33:10.4	Roadkill Racing (Open)	63.60%
49	JOE SILLIMAN	48	33:24.9	Checkers AC (Masters)	69.70%
50	Jim Price	51	33:29.6	Checkers AC (Masters)	71.20%
51	Brian Fraser	53	33:42.3	Checkers AC (Masters)	72.00%
52	Eric Maki	61	33:46.8	Syracuse Track Club (Masters)	77.10%
53	Calum Stewart	52	34:34.9	Syracuse Track Club (Masters)	69.60%
54	Jon Melnik	47	34:38.3	Checkers AC (Masters)	66.60%
55	Daniel Sackett	62	34:42.3	Roadkill Racing (Masters)	75.70%
56	John Van Kerkhove	61	34:47.7	Genesee Valley Harriers (Masters)	74.80%
57	Venelin Tchamov	57	34:50.4	Genesee Valley Harriers (Masters)	72.10%
58	Wayne Crandall	60	34:55.0	Genesee Valley Harriers (Masters)	73.90%
59	Sam Legierski	64	35:03.3	Bunny Gang Running Club (Masters)	76.40%
60	Joseph Chimino	70	35:05.3	Genesee Valley Harriers (Masters)	80.80%
61	Mike Nier	58	35:09.7	Genesee Valley Harriers (Masters)	72.00%

62	James Foster	71	36:06.4	Syracuse Track Club (Masters)	79.50%
63	Charlie Fay	70	36:07.9	Fingerlakes Running Club	78.50%
64	Donald J Hughes	65	36:08.2	Syracuse Track Club (Masters)	74.80%
65	Tristan Lambert	47	36:16.2	Unattached	63.60%
66	Harvey Brice	52	36:52.0	Checkers AC (Masters)	65.30%
67	Steven Hoover	62	37:19.4	Roadkill Racing (Masters)	70.40%
68	Gary Passamonte	66	37:23.9	Genesee Valley Harriers (Masters)	73.00%
69	Curt Mancuso	60	37:36.0	Bunny Gang Running Club (Masters)	68.60%
70	Matthew Spreter	44	38:21.6	Roadkill Racing (Masters)	58.70%
71	Ted Larison	71	38:28.6	Syracuse Track Club (Masters)	74.60%
72	Vicente Melendez-Tirado	50	38:41.0	Syracuse Track Club (Masters)	61.20%
73	Joseph Zito	48	38:54.0	Checkers AC (Masters)	59.90%
74	Bruce Brown	64	39:18.2	Auburn Pulsars	68.10%
75	Jesus Melendez Vicente	48	40:11.3	Roadkill Racing (Masters)	57.90%
76	Paul Pulinski	59	40:22.1	Checkers AC (Masters)	63.30%
77	Doug Wood	73	41:14.3	Syracuse Track Club (Masters)	71.40%
78	Mitch Moore	69	41:26.1	Genesee Valley Harriers (Masters)	67.80%
79	Phil Klemmer	33	41:52.6	Roadkill Racing (Open)	50.20%
80	Rory Gumina	64	41:57.2	Genesee Valley Harriers (Masters)	63.80%
81	Mark Rybinski	68	42:00.0	Genesee Valley Harriers (Masters)	66.20%
82	Robert Mozo	60	42:38.4	Syracuse Track Club (Masters)	60.50%
83	Harry O'Hara	74	43:47.0	Bunny Gang Running Club (Masters)	68.20%
84	James Brigden	62	44:34.8	Genesee Valley Harriers (Masters)	58.90%
85	Liam Finnigan	77	45:12.4	Genesee Valley Harriers (Masters)	69.50%
86	Kevin Karoglanian	40	45:37.2	Syracuse Track Club (Open)	47.90%
87	Timothy Leonard	71	45:37.7	Syracuse Track Club (Masters)	62.90%
88	David Bowen	71	47:25.0	Genesee Valley Harriers (Masters)	60.50%
89	Jim Glinsky	76	48:44.4	Genesee Valley Harriers (Masters)	63.30%
90	Willard Brooks	60	48:54.0	Checkers AC (Masters)	52.80%
91	David Blake	74	49:16.3	Genesee Valley Harriers (Masters)	60.60%
92	Frans De Waal	68	49:36.1	Checkers AC (Masters)	56.00%
93	Tim Riccardi	65	49:58.7	Genesee Valley Harriers (Masters)	54.10%
94	Scott Laffer	42	50:09.7	Roadkill Racing (Masters)	44.20%

95	Patrick Riccardi	73	50:45.1	Syracuse Track Club (Masters)	58.00%
96	James Miner	74	54:07.5	Syracuse Track Club (Masters)	55.20%
97	Roger Roll	63	54:50.7	Checkers AC (Masters)	48.30%
98	David Mullen	66	55:59.8	Syracuse Track Club (Masters)	48.70%
99	Samuel Neal	73	59:07.6	Checkers AC (Masters)	49.80%

Masters Women Age Grading

Place	Name	Ag	G	Time	Niagara Team	Age Grade
1	Jenny Keenan	40	F	29:42.6	Checkers AC	82.60%
2	Amy McMahon	55	F	35:12.1	Checkers AC	80.50%
3	Shuirong Zhu	49	F	34:09.7	Syracuse Track Club	77.40%
4	Bonnie Lindblom	59	F	38:37.6	Genesee Valley Harriers	77.00%
5	Brenda Osovski	57	F	37:52.2	Genesee Valley Harriers	76.60%
6	Julie King	56	F	37:55.1	Checkers AC	75.60%
7	Jennifer Boerner	41	F	32:46.2	Checkers AC	75.30%
8	Elizabeth Randell	56	F	38:13.6	Checkers AC	75.00%
9	Cassandra Crane	54	F	37:49.9	Genesee Valley Harriers	74.00%
10	Mary LeBrun Schultz	42	F	33:35.2	Checkers AC	74.00%
11	Colleen Newman	63	F	42:47.1	Genesee Valley Harriers	73.10%
12	Laura Helmerick	63	F	43:09.7	Finger Lakes Running Club	72.50%
13	Sandra Gregorich	60	F	41:54.4	Genesee Valley Harriers	71.80%
14	Aileen Hoak	40	F	34:26.1	Checkers AC	71.20%
15	Kathryn Annan	66	F	45:51.6	Syracuse Track Club	71.00%
16	Ann Martin	65	F	45:31.2	Genesee Valley Harriers	70.60%
17	Jennifer Liaros	40	F	34:53.2	Checkers AC	70.30%
18	Allison Carr	44	F	37:05.3	Checkers AC	68.00%
19	Daniela Hager-Carbonara	63	F	46:11.7	Checkers AC	67.70%
20	Patricia Ford	67	F	49:09.9	Syracuse Track Club	67.10%
21	Annie Ball	40	F	36:42.8	Roadkill Racing	66.80%
22	Kathy Reynolds	55	F	42:57.8	Checkers AC	65.90%
23	Marie Davis	53	F	42:36.7	Roadkill Racing	65.00%
24	Megan Witzleben	45	F	39:28.5	Checkers AC	64.40%
25	Valerie Vermeulen	66	F	50:40.8	Roadkill Racing	64.20%
26	Heidi Strauss	46	F	39:59.1	Checkers AC	64.20%
27	Kathleen Wheeler	52	F	43:40.3	Syracuse Track Club	62.70%
28	Rebecca Elias	50	F	42:58:0	Bunny Gang Running Club	62.30%
29	Catherine Carroll	56	F	46:45.5	Checkers AC	61.30%

30	Barbara Rowe	71	F	57:50.5	Greater Buffalo Track Club	60.40%
31	Carolyn Smith-Hanna	72	F	58:55.4	Genesee Valley Harriers	60.10%
32	Heather Lyle	53	F	46:29.5	Greater Buffalo Track Club	59.50%
33	Lynn Gottfried	44	F	42:41.6	Roadkill Racing	59.10%
34	Kaye Treanor	53	F	47:46.2	Roadkill Racing	58.00%
35	Barbara Sauer	75	F	1:04:16	Greater Buffalo Track Club	57.70%
36	Martha Doody	53	F	50:24.5	Roadkill Racing	54.90%
37	Yang Qu	50	F	52:02.1	Greater Buffalo Track Club	51.40%
38	Kelly Young	44	F	50:04.2	Greater Buffalo Track Club	50.40%
39	Patricia Baker	63	F	1:05:39	Checkers AC	47.60%

Masters Men Age Grading

Place	Name	Age	Time	Niagara Team	Age Grade
1	Jose Fuentes	59	29:31.2	Checkers AC	86.60%
2	Joseph Mora	62	30:49.7	Genesee Valley Harriers	85.20%
3	John McMahon	57	29:31.9	Checkers AC	85.00%
4	Sam Morse	40	25:49.8	Syracuse Track Club	84.60%
5	Scott Weeks	51	28:43.7	Genesee Valley Harriers	83.00%
6	Michael Gardella	60	31:09.6	Genesee Valley Harriers	82.80%
7	David Putney	59	31:31.8	Checkers AC	81.10%
8	Joseph Chimino	70	35:05.3	Genesee Valley Harriers	80.80%
9	James Foster	71	36:06.4	Syracuse Track Club	79.50%
10	Charlie Fay	70	36:07.9	Fingerlakes Running Club	78.50%
11	Steve Bohan	46	29:40.7	Checkers AC	77.20%
12	Michael Mertens	59	33:06.7	Genesee Valley Harriers	77.20%
13	Eric Maki	61	33:46.8	Syracuse Track Club	77.10%
14	Sam Legierski	64	35:03.3	Bunny Gang Running Club	76.40%
15	Daniel Sackett	62	34:42.3	Roadkill Racing	75.70%
16	John Van Kerkhove	61	34:47.7	Genesee Valley Harriers	74.80%
17	Donald J Hughes	65	36:08.2	Syracuse Track Club	74.80%
18	Ted Larison	71	38:28.6	Syracuse Track Club	74.60%
19	Wayne Crandall	60	34:55.0	Genesee Valley Harriers	73.90%
20	Matthew Dore	48	31:36.5	Bunny Gang Running Club	73.70%
21	Gary Passamonte	66	37:23.9	Genesee Valley Harriers	73.00%
22	Chip OHara	42	30:41.1	Syracuse Track Club	72.30%
23	Venelin Tchamov	57	34:50.4	Genesee Valley Harriers	72.10%
24	Brian Fraser	53	33:42.3	Checkers AC	72.00%
25	Mike Nier	58	35:09.7	Genesee Valley Harriers	72.00%
26	Doug Wood	73	41:14.3	Syracuse Track Club	71.40%
27	Jim Price	51	33:29.6	Checkers AC	71.20%
28	Shizhong Yang	42	31:13.7	Syracuse Track Club	71.00%
29	Tom Wall	45	31:54.0	Checkers AC	70.60%

30	Joe Pitzonka	47	32:43.2	Checkers AC	70.50%
31	Steven Hoover	62	37:19.4	Roadkill Racing	70.40%
32	Joe Silliman	48	33:24.9	Checkers AC	69.70%
33	Calum Stewart	52	34:34.9	Syracuse Track Club	69.60%
34	Liam Finnigan	77	45:12.4	Genesee Valley Harriers	69.50%
35	Mike Welden	41	31:49.5	Bergen Elite	69.20%
36	Peter Sullivan	40	31:35.2	Roadkill Racing	69.20%
37	David Dixon	44	32:45.2	Bunny Gang Running Club	68.80%
38	Curt Mancuso	60	37:36.0	Bunny Gang Running Club	68.60%
39	Harry O'Hara	74	43:47.0	Bunny Gang Running Club	68.20%
40	Bruce Brown	64	39:18.2	Auburn Pulsars	68.10%
41	Mitch Moore	69	41:26.1	Genesee Valley Harriers	67.80%
42	Steven McDonnell	41	32:30.4	Checkers AC	67.70%
43	Jon Melnik	47	34:38.3	Checkers AC	66.60%
44	Mark Rybinski	68	42:00.0	Genesee Valley Harriers	66.20%
45	Harvey Brice	52	36:52.0	Checkers AC	65.30%
46	Rory Gumina	64	41:57.2	Genesee Valley Harriers	63.80%
47	Tristan Lambert	47	36:16.2	unattached	63.60%
48	Paul Pulinski	59	40:22.1	Checkers AC	63.30%
49	Jim Glinsky	76	48:44.4	Genesee Valley Harriers	63.30%
50	Timothy Leonard	71	45:37.7	Syracuse Track Club	62.90%
51	Vicente Melendez-Tirado	50	38:41.0	Syracuse Track Club	61.20%
52	David Blake	74	49:16.3	Genesee Valley Harriers	60.60%
53	David Bowen	71	47:25.0	Genesee Valley Harriers	60.50%
54	Robert Mozo	60	42:38.4	Syracuse Track Club	60.50%
55	Joseph Zito	48	38:54.0	Checkers AC	59.90%
56	James Brigden	62	44:34.8	Genesee Valley Harriers	58.90%
57	Matthew Spreter	44	38:21.6	Roadkill Racing	58.70%
58	Patrick Riccardi	73	50:45.1	Syracuse Track Club	58.00%
59	Jesus Melendez Vicente	48	40:11.3	Roadkill Racing	57.90%
60	Frans De Waal	68	49:36.1	Checkers AC	56.00%
61	James Miner	74	54:07.5	Syracuse Track Club	55.20%
62	Tim Riccardi	65	49:58.7	Genesee Valley Harriers	54.10%

63	Willard Brooks	60	48:54.0	Checkers AC	52.80%
64	Samuel Neal	73	59:07.6	Checkers AC	49.80%
65	David Mullen	66	55:59.8	Syracuse Track Club	48.70%
66	Roger Roll	63	54:50.7	Checkers AC	48.30%
67	Kevin Karoglanian	40	45:37.2	Syracuse Track Club	47.90%
68	Scott Laffer	42	50:09.7	Roadkill Racing	44.20%

TEAM RESULTS

Age Div	Team	Name	Time	Age Grade
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Men Open

1 Team: Checkers AC -Score: 32

1	Scott Loforte	25:41.6	81.50%
2	William Hilbert	25:43:00	81.50%
6	Armani Merlino	26:08.5	80.10%
9	Jared Lamson	26:42.2	78.50%
14	Alex Farrell	27:47.7	75.50%
-19	Bob Duggan	30:14.7	70.30%

2 Team: Syracuse Track Club Score: 38

3	Sam Morse	25:49.8	84.60%
5	Lee Berube	25:58.9	81.00%
8	Andrew Dionne	26:38.9	79.50%
10	AJ Beers	26:45:00	78.30%
12	Sean Beney	26:54.5	77.90%
-25	Shizhong Yang	31:13.7	71.00%
-27	Kevin Karoglanian	45:37.2	47.90%

3 Team: Bergen Elite Score: 57

4	Hassan Eissa	25:58.4	81.20%
7	Paul Suflita	26:20.2	79.50%
13	Robert Cooper	27:39.9	75.70%
16	Sam Cottrell	28:39.7	73.10%
17	Greg Selke	28:43.2	73.20%
-18	Timothy Metivier	30:09.1	69.80%
-21	Taylor Freitas	31:13.1	67.40%
-26	Mike Welden	31:49.5	69.20%

4 Team: Roadkill Racing Score: 91

11	Aaron Nobles	26:47:00	79.10%
15	Brett Smith	28:09.4	74.70%
20	Jordan Brouk	30:40:00	68.80%
22	Jeremy Cook	32:34:00	64.80%
23	Matt Palmer	33:10.4	63.60%
-24	Phil Klemmer	41:52.6	50.20%

inc. Team: Greater Buffalo Track Club

-1	Roger King	31:57.5	67.40%
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inc. Team: Bunny Gang Running Club

-1	Steven Eicheldinger	32:15.6	66.30%
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inc. Team: Genesee Valley Harriers

-1	Brennan Root	26:06.6	80.20%
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-1	Nick Ferri	27:53.6	75.10%
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-1	Kevin Johnson	28:45.8	73.60%
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-1	Cali Haji	30:58.8	67.60%
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Women Open

1 Team: Bergen Elite Score: 30

3	Erin Gibbons	31:12.1	76.00%
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4	Colleen Hastings	31:31.9	75.40%
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6	Elizabeth Ryan	31:48.3	74.60%
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7	Jenn Spitzer	32:35.6	73.00%
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10	Olivia Wallace	34:49.7	68.40%
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-12	Amanda Dole	42:05.4	56.50%
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-17	Annie Ball	36:42.8	66.80%
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-19	Lynn Gottfried	42:41.6	59.10%
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2 Team: Roadkill Racing Score: 36

1	Trisha Byler	30:35.6	79.80%
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2	Lindsay Piraino	31:02:00	76.40%
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9	Laine DiNoto	34:04.3	70.40%
11	Lindsay Klemmer	38:30.5	61.70%
13	Rebecca Oliver	47:15.5	50.30%

3 Team: Syracuse Track Club Score: 58

5	Donna Langerfeld	31:37.8	76.40%
8	Elizabeth Riccardi	33:49.6	72.10%
14	Shuirong Zhu	34:09.7	77.40%
15	Kathryn Annan	45:51.6	71.00%
16	Patricia Ford	49:09.9	67.10%
-18	Kathleen Wheeler	43:40.3	62.70%

inc. Team: Greater Buffalo Track Club

-1	Allison Mitchell	37:02:00	64.50%
-1	Megan Connelly	41:41.1	57.50%

inc. Team: Checkers
AC

-1	Maura Tyrrell	30:37.4	79.20%
-1	Kassandra Nolet	30:38.7	77.30%
-1	Alexandra Duggan	32:40.4	73.40%
-1	Veronica Bohan	35:07.4	70.30%

inc. Team: Genesee Valley Harriers

-1	Juliette Miller	35:26.9	66.90%
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Women Masters

1 Team: Checkers AC Score: 21

1	Jenny Keenan	29:42.6	82.60%
2	Amy McMahon	35:12.1	80.50%
5	Julie King	37:55:00	75.60%
6	Jennifer Boerner	32:46.2	75.30%
7	Elizabeth Randell	38:13.6	75.00%
-9	Mary LeBrun Schultz	33:35.2	74.00%
-12	Aileen Hoak	34:26.1	71.20%
-14	Jennifer Liaros	34:53.2	70.30%
-15	Allison Carr	37:05.3	68.00%
-16	Daniela Hager- Carbonara	46:11.7	67.70%
-17	Kathy Reynolds	42:57.8	65.90%
-18	Megan Witzleben	39:28.5	64.40%
-19	Heidi Strauss	39:59.1	64.20%
-20	Catherine Carroll	46:45.5	61.30%
-27	Patricia Baker	1:05:39	47.60%

2 Team: Genesee Valley Harriers Score: 36

3	Bonnie Lindblom	38:37.6	77.00%
4	Brenda Osovski	37:52.2	76.60%
8	Cassandra Crane	37:49.9	74.00%
10	Colleen Newman	42:47.1	73.10%
11	Sandra Gregorich	41:54.4	71.80%
-13	Ann Martin	45:31.2	70.60%
-22	Carolyn Smith- Hanna	58:55.4	60.10%

3 Team: Greater Buffalo Track Club Score:
119

21	Barbara Rowe	57:50.5	60.40%
23	Heather Lyle	46:29.5	59.50%
24	Barbara Sauer	1:04:16	57.70%
25	Yang Qu	52:02.1	51.40%
26	Kelly Young	50:04.2	50.40%

inc. Team: Bunny Gang Running Club

-1	Rebecca Elias	42:58:00	62.30%
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inc. Team: Fingerlakes Running Club

-1	Laura Helmerick	43:09.7	72.50%
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inc. Team: Roadkill
Racing

-1	Marie Davis	42:36.7	65.00%
-1	Valerie Vermeulen	50:40.8	64.20%
-1	Kaye Treanor	47:46.2	58.00%
-1	Martha Doody	50:24.5	54.90%

Men Masters

1 Team: Genesee Valley Harriers Score: 28

2	Joseph Mora	30:49.7	85.20%
4	Scott Weeks	28:43.7	83.00%
5	Michael Gardella	31:09.6	82.80%
7	Joseph Chimino	35:05.3	80.80%

10	Michael Mertens	33:06.7	77.20%
-14	John Van Kerkhove	34:47.7	74.80%
-17	Wayne Crandall	34:55:00	73.90%
-19	Gary Passamonte	37:23.9	73.00%
-21	Venelin Tchamov	34:50.4	72.10%
-22	Mike Nier	35:09.7	72.00%
-31	Liam Finnigan	45:12.4	69.50%
-36	Mitch Moore	41:26.1	67.80%
-39	Mark Rybinski	42:00:00	66.20%
-41	Rory Gumina	41:57.2	63.80%
-43	Jim Glinsky	48:44.4	63.30%
-46	David Blake	49:16.3	60.60%
-47	David Bowen	47:25:00	60.50%
-50	James Brigden	44:34.8	58.90%
-56	Tim Riccardi	49:58.7	54.10%

2 Team: Checkers AC Score: 42

1	Jose Fuentes	29:31.2	86.60%
3	John McMahon	29:31.9	85.00%
6	DAVID PUTNEY	31:31.8	81.10%
9	Steve Bohan	29:40.7	77.20%
23	Brian Fraser	33:42.3	72.00%
-25	Jim Price	33:29.6	71.20%
-26	Tom Wall	31:54.4	70.60%
-27	Joe Pitzonka	32:43.2	70.50%
-29	JOE SILLIMAN	33:24.9	69.70%
-37	Steven McDonnell	32:30.4	67.70%
-38	Jon Melnik	34:38.3	66.60%

-40	Harvey Brice	36:52:00	65.30%
-42	Paul Pulinski	40:22.1	63.30%
-49	Joseph Zito	38:54:00	59.90%
-54	Frans De Waal	49:36.1	56.00%
-57	Willard Brooks	48:54:00	52.80%
-58	Samuel Neal	59:07.6	49.80%
-60	Roger Roll	54:50.7	48.30%

3 Team: Syracuse Track Club Score: 70

8	James Foster	36:06.4	79.50%
11	Eric Maki	33:46.8	77.10%
15	Donald J Hughes	36:08.2	74.80%
16	Ted Larison	38:28.6	74.60%
20	Chip OHara	30:41.1	72.30%
-24	Doug Wood	41:14.3	71.40%
-30	Calum Stewart	34:34.9	69.60%
-44	Timothy Leonard	45:37.7	62.90%
-45	Vicente Melendez-Tirado	38:41:00	61.20%
-48	Robert Mozo	42:38.4	60.50%
-52	Patrick Riccardi	50:45.1	58.00%
-55	James Miner	54:07.5	55.20%
-59	DAVID MULLEN	55:59.8	48.70%

4 Team: Bunny Gang Running Club Score:
132

12	Sam Legierski	35:03.3	76.40%
18	Matthew Dore	31:36.5	73.70%
33	David Dixon	32:45.2	68.80%

34	Curt Mancuso	37:36:00	68.60%
35	Harry O'Hara	43:47:00	68.20%

5 Team: Roadkill
Racing: 177

13	Daniel Sackett	34:42.3	75.70%
28	Steven Hoover	37:19.4	70.40%
32	Peter Sullivan	31:35.2	69.20%
51	Matthew Spreter	38:21.6	58.70%
53	Jesus Melendez Vicente	40:11.3	57.90%
-61	Scott Laffer	50:09.7	44.20%

inc. Team: Fingerlakes Running Club

-1	Patrick Milano	29:57.7	70.20%
-1	Charlie Fay	36:07.9	78.50%

inc. Team: Auburn
Pulsars

-1	Bruce Brown	39:18.2	68.10%
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